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# **Becoming Cliterate Why Orgasm Equality Matters And How To Get It**

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Becoming Cliterate Why Orgasm Equality " Becoming Cliterate will change how we think and talk about female sexual pleasure. The orgasm gap isn't a consequence of women not knowing how--it's a cultural problem that we should be reading about to discover what went wrong in the first place." (Betty Dodson, sex educator and author of *Sex for One*) Becoming Cliterate: Why Orgasm Equality Matters--And How ... "Becoming Cliterate will change how we think and talk about female sexual pleasure. The orgasm gap isn't a consequence of women not knowing how--it's a cultural problem that we should be reading about to discover what went wrong in the first place." (Betty Dodson, sex educator and author of *Sex for One*) Becoming Cliterate: Why Orgasm Equality Matters--And How ... "Becoming Cliterate" by Dr Laurie Mintz is an amazing book for anyone who wants to learn about female sexuality and specifically the clitoris, the one human organ solely responsible for pleasure. According to research, only 5% of women achieve orgasms through penetration only, an overwhelming 95% need some form of clitoral stimulation. Becoming Cliterate: Why Orgasm Equality Matters—And How to ... Becoming Cliterate is not just for women, it's also for men and there's a dedicated section. This enlightening book is a must-read for those who think it's time we change our perspective on sex because orgasm equality does matter. Men are having at least three times more orgasms than women - it's time we caught up ladies! Amazon.com: *Becoming Cliterate: Why Orgasm Equality ... BECOMING*

CLITERATE Why Orgasm Equality Matters— And How to Get It LAURIE MINTZ. Rarely if ever 5+43+3418 orgasm with partner 19% Intercourse alone 4% Intercourse plus direct clitoral stimulation 43% Direct clitoral stimulation alone 34% Averaging across multiple years of anonymous polls, here's what the wom- BECOMING CLITERATE Becoming Cliterate Why Orgasm Equality Matters -- And How To Get It by Dr. Laurie Mintz Winner of the 2019 Society for Sex Therapy and Research Consumer Book Award Research shows that women who read it increase their rate of orgasm and sexual satisfaction! Becoming Cliterate | LAURIE MINTZ In the following excerpt from from her new book BECOMING CLITERATE: Why Orgasm Equality Matters—And How to Get It, psychology professor and human sexuality expert Dr. Laurie Mintz gives Maxim an... 5 Rules to Becoming 'Cliterate' And Giving Her the Best ... Why Orgasm Equality Matters and How to Get It ... Becoming Cliterate: An Evening of Conversation Between Rachel Bloom and Dr. Laurie Mintz . I recently had the honor of doing a Q+A at UCLA with Rachel Bloom, creator and star of the acclaimed television show, *Crazy Ex-Girlfriend*. We talked about all things Cliterate! Sexuality Psychologist | Laurie Mintz Mintz, Laurie B. *Becoming Cliterate: Why Orgasm Equality Matters and How to Get It*. HarperOne, NY, 2018. Pierce, A.P. "The Coital Alignment Technique (CAT): An Overview of Studies," *Journal of ... Attention Men*, Intercourse Alone Brings Few Women to Orgasm But other bodily factors may be at work too, said Laurie Mintz, a psychology professor at the University of Florida and the author of " *Becoming Cliterate: Why Orgasm Equality Matters — And How to Get It.*" Can

You Actually Have An Orgasm In Your Sleep? | HuffPost Life A manifesto for today's orgasmic insurrection....Mintz is unpretentious and intuitive....*Becoming Cliterate* will help many women reach their orgasm objectives. Los Angeles Review of Books Dr. Laurie Mintz draws up biology, sociology, and sex therapy to provide a comprehensive manual for both achieving orgasm and raising awareness about female orgasm. *Becoming Cliterate: Why Orgasm Equality Matters--And How ...* *Becoming Cliterate*(HarperOne, 2017) is a combination of feminist/cultural analysis and prescriptive self-help aimed at closing what researchers have termed the "orgasm gap," which is the consistent finding that young adult men are having significantly more orgasms than are young adult women (e.g., Frederick, St. John, Garcia & Lloyd, 2017). Discussion Guide & Test Questions For BECOMING CLITERATE " *Becoming Cliterate* will change how we think and talk about female sexual pleasure. The orgasm gap isn't a consequence of women not knowing how—it's a cultural problem that we should be reading about to discover what went wrong in the first place." (Betty Dodson, sex educator and author of *Sex for One*) *Becoming Cliterate: Why Orgasm Equality Matters--And How ...* For this article I have actually found a great book called; *Becoming Cliterate: Why Orgasm Equality Matters — And How to Get It* by Laurie Mintz. I thoroughly recommend it to anyone with an ... *Diary of Being a Writer; Week 127.* | by Emma Sachsse | Aug ... *Becoming Cliterate* brings attention to an important but underrated fight for equality. This book is fun, funny, informational, and empowering! A

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must-read for people with clits, especially those who are having sex with people with penises. Amazon.com: Customer reviews: *Becoming Cliterate: Why ...* *Becoming Cliterate* is not just for women, it's also for men and there's a dedicated section. This enlightening book is a must-read for those who think it's time we change our perspective on sex because orgasm equality does matter. Men are having at least three times more orgasms than women - it's time we caught up ladies! *Becoming Cliterate: Why Orgasm Equality Matters--And How ...* As a result, we've created a pleasure gap between women and men: 50% of 18-35-year-old women say they have trouble reaching orgasm with a partner 64% of women vs 91% of men said they had an orgasm at their last sexual encounter 55% of men vs. 4% of women say they usually reach orgasm during first-time hookup sex In *Becoming Cliterate ...* *Becoming Cliterate:: Why Orgasm Equality Matters--And How ...* 64% of women vs 91% of men said they had an orgasm at their last sexual encounter; 55% of men vs. 4% of women say they usually reach orgasm during first-time hookup sex; In *Becoming Cliterate*, psychology professor and human sexuality expert Dr. Laurie Mintz exposes the broader cultural problem that's perpetuating this gap, and what we can do ... *Becoming Cliterate - Laurie Mintz - Paperback* "*Becoming Cliterate: Why Orgasm Equality Matters—And How to Get It*" aims to expose, explain and close the orgasm gap. The orgasm gap exposed One study of college students found 91 percent of men... Women Don't Orgasm as Much as Men. That's a Problem " *Becoming Cliterate* will change how we think and talk about female sexual pleasure. The orgasm gap

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